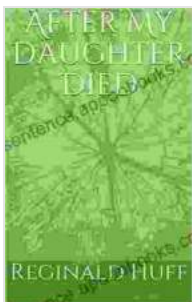


After My Daughter Died: Coping With Tragedy

Losing a loved one is one of the most difficult experiences that we can go through. The pain and grief can be overwhelming, and it can feel like we will never be able to move on. But there is hope. In her powerful and moving memoir, *After My Daughter Died*, author Helen Smith shares her journey through grief and loss after the sudden death of her 22-year-old daughter.

Helen's story is a raw and honest account of the pain and heartbreak that she experienced after her daughter's death. She writes about the sleepless nights, the waves of grief that would come crashing down on her, and the feeling of being lost and alone. But she also writes about the hope and healing that she eventually found. With the help of her faith, her family, and her friends, Helen was able to find a way to cope with her loss and to rebuild her life.



After My Daughter Died (Coping with Tragedy Book 1)

by Reginald Huff

★★★★★ 5 out of 5

Language : English

File size : 526 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Print length : 35 pages

Lending : Enabled

Paperback : 157 pages

Item Weight : 8.2 ounces

Dimensions : 5 x 0.4 x 8 inches



After My Daughter Died is a book that will resonate with anyone who has lost a loved one. Helen's story is a reminder that we are not alone in our grief, and that there is hope for healing. This book will provide comfort and support to those who are struggling with loss, and it will inspire them to find their own way to cope with their grief and to rebuild their lives.

Praise for After My Daughter Died

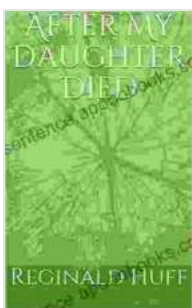
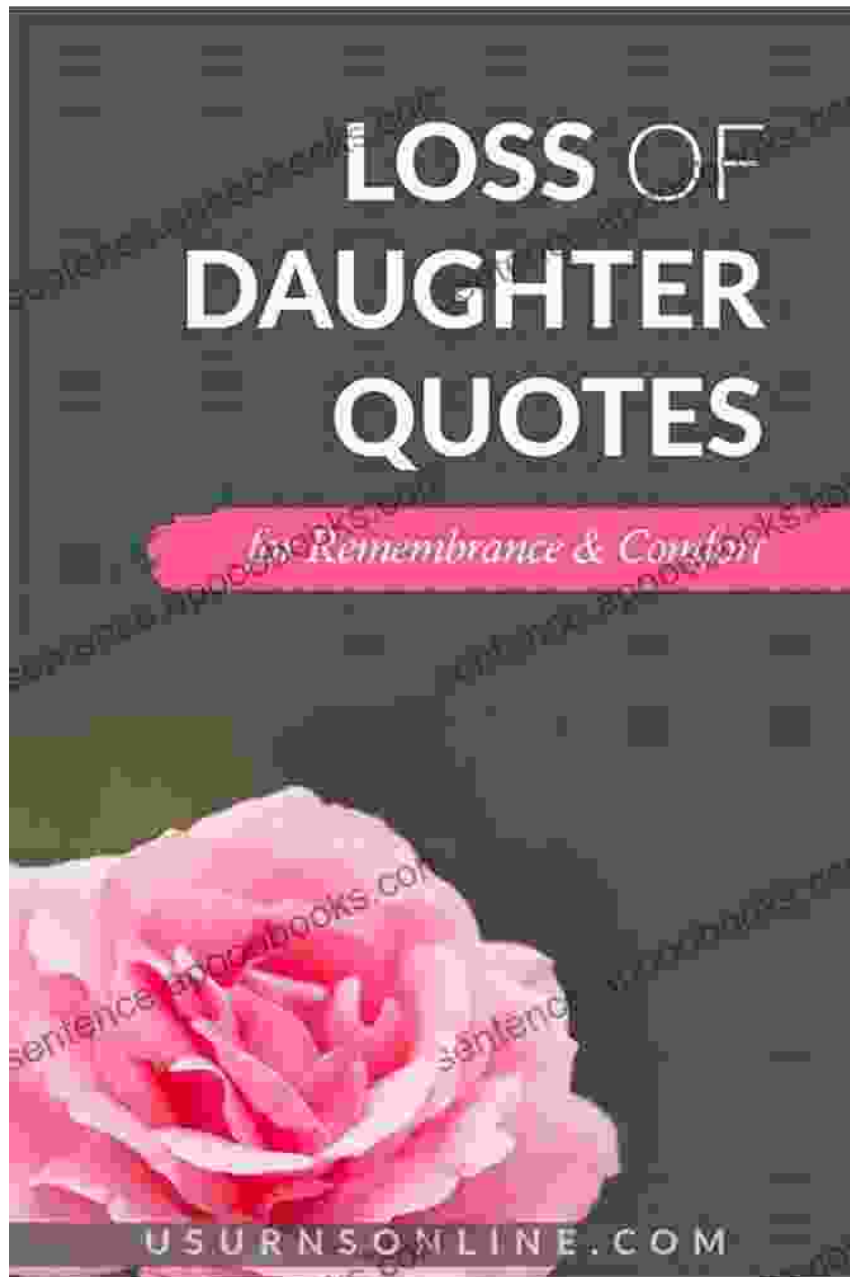
"Helen Smith's memoir is a powerful and moving account of her journey through grief and loss. Her story is a reminder that we are not alone in our grief, and that there is hope for healing. This book will provide comfort and support to those who are struggling with loss, and it will inspire them to find their own way to cope with their grief and to rebuild their lives." - **Dr.**

Elisabeth Kübler-Ross, author of On Death and Dying

"After My Daughter Died is a beautifully written and deeply moving memoir. Helen Smith's honesty and courage in sharing her story will inspire hope in the hearts of others who have lost loved ones. This book is a must-read for anyone who is grieving." - **Marianne Williamson, author of A Return to Love**

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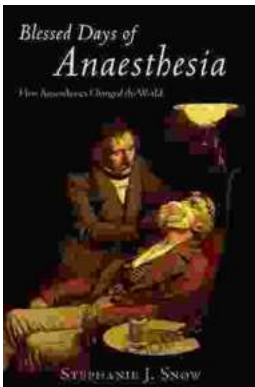
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