

# Body Contouring: The Art, Science, and Clinical Practice

Body contouring is a rapidly growing field of cosmetic surgery that involves the use of surgical and nonsurgical techniques to improve the shape and appearance of the body. Body contouring procedures can be used to remove excess skin and fat, tighten loose skin, and improve the appearance of scars and stretch marks.

The book "Body Contouring: The Art, Science, and Clinical Practice" is a comprehensive guide to the latest body contouring techniques. The book is written by a team of leading experts in the field, and it covers everything from the basics of body contouring to the most advanced techniques.

The book is divided into three parts. The first part provides an overview of the history of body contouring, the different types of body contouring procedures, and the risks and benefits of each procedure. The second part of the book covers the surgical techniques used in body contouring, including liposuction, abdominoplasty, and breast augmentation. The third part of the book covers the nonsurgical techniques used in body contouring, including laser lipolysis, radiofrequency skin tightening, and ultrasound therapy.



## Body Contouring: Art, Science, and Clinical Practice

by Adolph Barr

★★★★☆ 4.8 out of 5

Language : English

File size : 103224 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled  
Print length : 1776 pages  
X-Ray for textbooks : Enabled



"Body Contouring: The Art, Science, and Clinical Practice" is a valuable resource for anyone considering body contouring surgery. The book provides a wealth of information on the different types of procedures available, the risks and benefits of each procedure, and the latest techniques used in the field.

- **Title:** Body Contouring: The Art, Science, and Clinical Practice
- **Authors:** Mark Codner, MD, FACS, and J. Peter Rubin, MD, FACS
- **Publisher:** McGraw-Hill Education
- **Publication Date:** 2019
- **ISBN:** 978-1260451746
- **Price:** \$129.99
- **Comprehensive coverage of all aspects of body contouring:** The book covers everything from the basics of body contouring to the most advanced techniques.
- **Written by leading experts in the field:** The book is written by a team of leading experts in the field, including Dr. Mark Codner and Dr. J. Peter Rubin.

- **Hundreds of high-quality illustrations:** The book is illustrated with hundreds of high-quality illustrations that help to explain the different procedures and techniques.
- **Case studies and clinical pearls:** The book includes case studies and clinical pearls that provide real-world examples of how body contouring procedures can be used to improve the appearance of the body.

"Body Contouring: The Art, Science, and Clinical Practice" has received positive reviews from both surgeons and patients.

- **Dr. David A. Hidalgo, MD, FACS:** "This is a comprehensive and well-written book that covers all aspects of body contouring. It is a valuable resource for anyone considering body contouring surgery."
- **Patient review:** "I am so glad I read this book before I had my body contouring surgery. It helped me to understand the different procedures available and what to expect from the surgery. I would highly recommend this book to anyone considering body contouring surgery."

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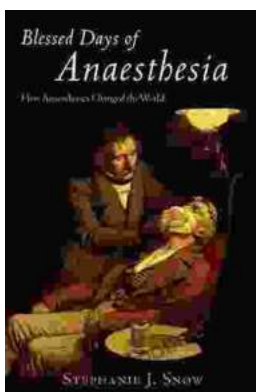


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