

# Explore the Hidden Gems of Portland's Urban Trails: A Guide to Beaverton, Lake Oswego, and Troutdale

Portland is known for its beautiful parks and natural areas, but did you know that it also has a vast network of urban trails? These trails wind through the city's neighborhoods, parks, and natural areas, offering a great way to get some exercise, explore your city, and enjoy the outdoors.



## Urban Trails Portland: Beaverton, Lake Oswego, Troutdale by Eli Boschetto

★★★★★ 5 out of 5

Language	: English
File size	: 93409 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 286 pages
Lending	: Enabled
Screen Reader	: Supported



In this guide, we'll introduce you to some of the best urban trails in Portland, including trails in Beaverton, Lake Oswego, and Troutdale. We'll provide detailed descriptions of each trail, including length, difficulty, and points of interest. So whether you're a seasoned hiker or just looking for a leisurely walk, we've got a trail for you.

## Beaverton

Beaverton is a city located just west of Portland. It's home to a number of parks and natural areas, many of which are connected by a network of trails. Here are a few of the best urban trails in Beaverton:

- **Beaverton Creek Trail:** This 4.5-mile trail follows Beaverton Creek through the heart of the city. It's a great trail for walking, running, or biking, and it offers beautiful views of the creek and the surrounding parkland.
- **Cooper Mountain Nature Park Loop Trail:** This 3-mile loop trail is located in Cooper Mountain Nature Park. It's a moderately challenging trail, but it's worth it for the stunning views of the Tualatin Valley.
- **Fanno Creek Trail:** This 2.5-mile trail follows Fanno Creek through the Fanno Creek Natural Area. It's a great trail for a leisurely walk or run, and it's also a popular spot for birdwatching.

## Lake Oswego

Lake Oswego is a city located just south of Portland. It's home to a beautiful lake and a number of parks and natural areas. Here are a few of the best urban trails in Lake Oswego:

- **Lake Oswego Millennium Trail:** This 5-mile trail circles Lake Oswego. It's a great trail for walking, running, or biking, and it offers beautiful views of the lake and the surrounding parkland.
- **George Rogers Park Trails:** This park is home to a network of trails of varying lengths and difficulties. There's a trail for everyone, from easy walking trails to challenging hiking trails.

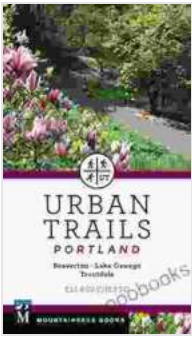
- **Tryon Creek State Natural Area Trails:** This natural area is home to a number of trails, including the popular Tryon Creek Trail. This 5-mile trail follows Tryon Creek through a beautiful forest.

## Troutdale

Troutdale is a city located just east of Portland. It's home to a number of parks and natural areas, many of which are located along the Sandy River. Here are a few of the best urban trails in Troutdale:

- **Sandy River Trail:** This 6.5-mile trail follows the Sandy River from Troutdale to Sandy. It's a great trail for walking, running, or biking, and it offers beautiful views of the river and the surrounding forest.
- **Bonneville Lock and Dam Historic Area Trail:** This 1-mile trail follows the Columbia River from the Bonneville Lock and Dam to the Oregon City Municipal Elevator. It's a great trail for a short walk or run, and it offers stunning views of the Columbia River and the Willamette Falls.
- **Springwater Corridor Trail:** This 21-mile trail follows the Springwater Corridor from Portland to Boring. It's a great trail for walking, running, or biking, and it offers beautiful views of the river and the surrounding countryside.

These are just a few of the many great urban trails in Portland, Beaverton, Lake Oswego, and Troutdale. Whether you're looking for a short walk or a challenging hike, there's a trail out there for you. So get out there and explore the hidden gems of your city!



## Urban Trails Portland: Beaverton, Lake Oswego, Troutdale by Eli Boschetto

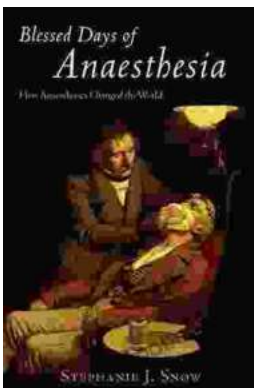
★★★★★ 5 out of 5

Language : English  
File size : 93409 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 286 pages  
Lending : Enabled  
Screen Reader : Supported



## Shetland Pony: Comprehensive Coverage of All Aspects of Buying New

The Shetland Pony is a small, sturdy breed of pony that originated in the Shetland Islands of Scotland. Shetland Ponies are known for their...



## How Anaesthetics Changed the World: A Medical Revolution That Transformed Surgery

Imagine a world where surgery is an excruciatingly painful experience, where patients scream in agony as surgeons cut and prod. This was the reality of medicine before the...

