

Heal Queen Heal: Memoirs of a Self-Healer

A Journey of Triumph Over Adversity

In the annals of human experience, the stories of those who have triumphed over adversity hold a special place. These are the individuals who have faced unimaginable challenges and emerged from the fire stronger than ever before. Their stories have the power to inspire us, to give us hope, and to remind us that anything is possible.



Heal Queen Heal: Memoirs of a Self healer

by Stephen Huggins

★★★★★ 5 out of 5

Language : English

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Screen Reader: Supported

Print length : 89 pages

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Paperback : 94 pages

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Heal Queen Heal is one such story. It is the memoir of a woman who overcame a debilitating illness and emerged as a self-healer. Her journey is a testament to the power of the human spirit and the resilience of the body.

From Illness to Empowerment

The author of Heal Queen Heal, Queen Afua, was diagnosed with lupus at the age of 25. Lupus is a chronic autoimmune disease that can affect the

skin, joints, kidneys, and other organs. There is no cure for lupus, and treatment options are limited.

When Queen was first diagnosed, she was devastated. She was afraid that she would never be able to live a normal life. She was afraid that she would never be able to have children. She was afraid that she would die.

But Queen refused to give up. She knew that there had to be a way to heal herself. She began to research alternative therapies and to experiment with different modalities.

Over time, Queen discovered that she had a gift for healing. She was able to use her hands to channel energy and to promote healing in others. She also developed a deep understanding of the mind-body connection and the power of positive thinking.

As Queen's health improved, she began to share her story with others. She wrote articles, gave workshops, and eventually founded her own healing center. She has helped countless people to heal from a variety of illnesses, including lupus, cancer, and chronic pain.

A Path to Healing

Heal Queen Heal is more than just a memoir. It is a guidebook for anyone who is looking to heal themselves from illness or adversity. Queen shares her personal experiences and insights, and she offers practical advice on how to:

- Connect with your inner healer
- Identify the root cause of your illness

- Create a personalized healing plan
- Overcome the challenges of healing
- Live a full and healthy life

Heal Queen Heal is a powerful and inspiring book that will help you to unlock your own healing potential. It is a must-read for anyone who is struggling with illness or adversity.

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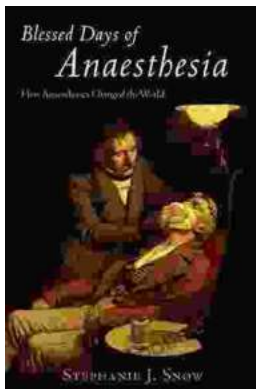
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