How Favoritism Impacts Every Family Member for Life

Favoritism is a common problem in families. It can occur when parents show a clear preference for one child over the others. This can have devastating effects on the entire family, including the favorite child.



The Favorite Child: How a Favorite Impacts Every Family Member for Life by Ellen Weber Libby

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How does favoritism affect children?

Children who are favored by their parents may develop a sense of entitlement and superiority. They may also become spoiled and demanding. Additionally, they may have difficulty forming close relationships with their siblings and other people.

Children who are not favored by their parents may develop low self-esteem and feel like they are not loved. They may also become withdrawn and depressed. Additionally, they may have difficulty trusting others.

How does favoritism affect parents?

Parents who favor one child may feel guilty and ashamed. They may also have difficulty connecting with their other children. Additionally, they may find it difficult to discipline the favored child.

How does favoritism affect siblings?

Siblings who witness favoritism may feel jealous and resentful towards the favored child. They may also have difficulty getting along with each other. Additionally, they may have difficulty forming close relationships with their parents.

How can you overcome favoritism?

Overcoming favoritism can be difficult, but it is possible. Here are some tips:

- Be aware of your own biases and favoritism.
- Make an effort to treat all of your children equally.
- Spend time with each of your children individually.
- Praise and encourage all of your children for their accomplishments.
- Set limits and rules for all of your children.
- Create a positive and supportive home environment for all of your children.

If you are struggling to overcome favoritism, you may want to seek professional help. A therapist can help you to identify the root causes

of your favoritism and develop strategies to overcome it.

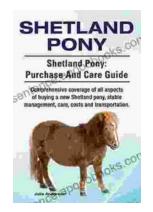
Remember, favoritism is a serious problem that can have devastating effects on the entire family. If you are concerned that you may be favoring one child over the others, please take steps to address the issue. Your children deserve to feel loved and accepted, regardless of their Free Download of birth.



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