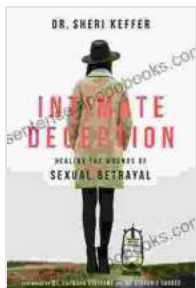


# Intimate Deception: Healing the Wounds of Sexual Betrayal



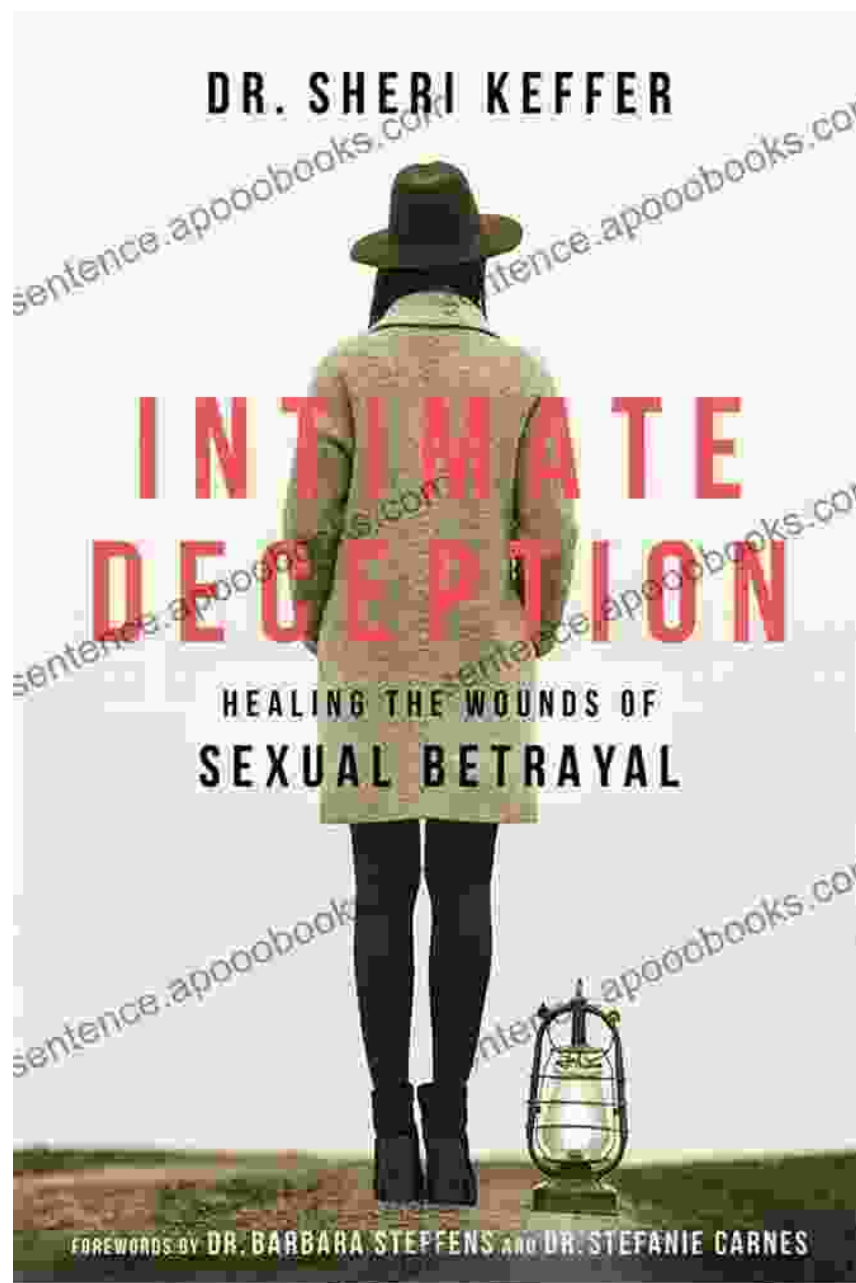
## Intimate Deception: Healing the Wounds of Sexual Betrayal by Dr. Sheri Keffer

★★★★☆ 4.7 out of 5

Language	: English
File size	: 20063 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 338 pages
Lending	: Enabled



By Dr. Esther Perel



Intimate Deception is a groundbreaking book that offers a comprehensive guide to healing from the devastating wounds of sexual betrayal. Drawing on decades of clinical experience, Dr. Esther Perel provides a roadmap for understanding and recovering from infidelity, helping readers to reclaim their power, rebuild trust, and create more fulfilling, authentic relationships.

In this powerful and compassionate book, Dr. Perel explores the complex dynamics of sexual betrayal and its impact on individuals, couples, and families. She offers a nuanced understanding of the motivations behind infidelity, the different types of affairs, and the ways in which betrayal can shatter trust and intimacy.

Dr. Perel also provides practical guidance for healing from sexual betrayal. She outlines a step-by-step process for recovery, including how to cope with the initial shock and pain, how to communicate with your partner about the affair, and how to rebuild trust and intimacy.

Intimate Deception is an essential resource for anyone who has been betrayed by a loved one. It is a book that will help you to understand what happened, to heal from the pain, and to create a more fulfilling and authentic relationship.

### **Praise for Intimate Deception**

"Intimate Deception is a must-read for anyone who has experienced sexual betrayal. Dr. Perel's insights are invaluable, and her guidance is compassionate and practical. This book will help you to understand what happened, to heal from the pain, and to rebuild your life." - Oprah Winfrey

"Dr. Perel is a master at navigating the complexities of human relationships. In Intimate Deception, she offers a compassionate and insightful guide to healing from the wounds of sexual betrayal. This book is essential reading for anyone who has been betrayed by a loved one." - Brené Brown

"Intimate Deception is a groundbreaking book that will change the way we think about infidelity. Dr. Perel's research is cutting-edge, and her insights

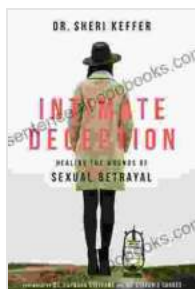
are profound. This book is a must-read for anyone who wants to understand the complexities of human relationships." - John Gottman

## About the Author

Dr. Esther Perel is a world-renowned psychotherapist and the author of the bestselling books *Mating in Captivity* and *The State of Affairs*. She is a sought-after speaker and media commentator, and her work has been featured in *The New York Times*, *The Wall Street Journal*, and *The Oprah Winfrey Show*.

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**Betrayal** by Dr. Sheri Keffer

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