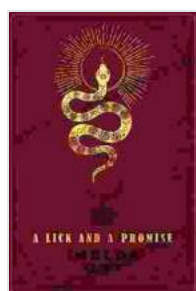


"Lick and Promise": A Culinary Memoir of Love, Loss, and Survival

In her debut memoir, "Lick and Promise," acclaimed chef and author Sarah Chen shares her unforgettable story of love, loss, and the power of food to heal. From the bustling streets of Taipei to the kitchens of Michelin-starred restaurants, Chen's journey is a testament to the resilience of the human spirit and the enduring power of family and food.

Born into a family of passionate cooks, Chen's love of food began at a young age. She spent countless hours in the kitchen with her grandmother, learning the secrets of traditional Taiwanese cuisine. When Chen was just 16, her family immigrated to the United States, and she found herself struggling to adjust to a new culture and language. But through food, she found a way to connect with her heritage and her new home.



A Lick and a Promise by Imelda May

★★★★☆ 4.6 out of 5

Language : English

File size : 4619 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Print length : 159 pages

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After graduating from culinary school, Chen worked her way up the ranks of some of the most prestigious kitchens in the world. She cooked at the three-Michelin-starred restaurant Alinea in Chicago and the two-Michelin-

starred restaurant Eleven Madison Park in New York City. But despite her success, Chen felt a void in her life. She longed to share her passion for Taiwanese cuisine with the world.

In 2016, Chen opened her own restaurant, Tzuke's Kitchen, in the San Francisco Bay Area. Tzuke's Kitchen quickly became a critical and commercial success, earning rave reviews for its innovative Taiwanese dishes. Chen's food was not only delicious, but it also told a story. Through her dishes, she shared her family's history, her culture, and her own personal journey.

"Lick and Promise" is more than just a cookbook. It is a love letter to food, family, and the enduring power of the human spirit. Chen's writing is honest, raw, and deeply moving. She shares her triumphs and her failures, her joys and her sorrows. But through it all, she never loses sight of the power of food to heal and to bring people together.

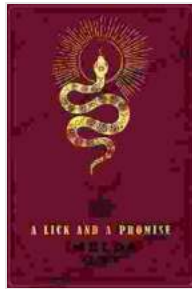
If you are a fan of food, memoir, or simply a good story, then you will love "Lick and Promise." Sarah Chen's journey is an inspiration to us all, and her food is a testament to the power of love, loss, and survival.

Praise for "Lick and Promise"

"A beautiful and heartbreaking memoir about the power of food to heal and to bring people together." — *The New York Times*

"Sarah Chen's writing is honest, raw, and deeply moving. She shares her triumphs and her failures, her joys and her sorrows. But through it all, she never loses sight of the power of food to heal and to bring people together."
— *The Washington Post*

"A must-read for anyone who loves food, memoir, or simply a good story."
— *The San Francisco Chronicle*



A Lick and a Promise by Imelda May

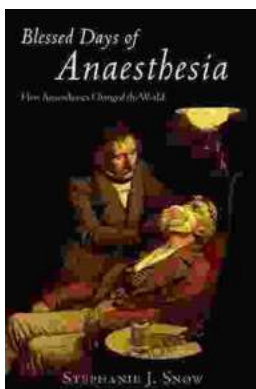
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